

## Student Wellness Policy Assessment

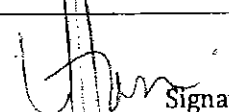
Site: - SWUCA Sponsor: Southwest Louisiana Charter Academy Foundation, Inc.

<b>Section 1</b> <b><u>Nutrition Education and Promotion</u></b>	Fully in Place	Partially in Place	Under Development	Not in Place
Health education taught in all grades			✓	
Sequential health education curriculum consistent with standards	✓			
Essential topics on physical activity	✓			
Essential topics on healthy eating		✓		

<b>Section 2</b> <b><u>School-based Activities Designed to Promote Student Wellness</u></b>	Fully in Place	Partially in Place	Under Development	Not in Place
Provide adequate time for students to eat breakfast (at least 10 minutes)	✓			
Provide adequate time for students to eat lunch (at least 20 minutes)	✓			
Access to free drinking water	✓			
Access to hand washing before meals and snacks	✓			

<b>Section 3</b> <b><u>Physical Activity</u></b>	Fully in Place	Partially in Place	Under Development	Not in Place
Recess	✓			
Adequate physical activity facilities		✓		
Adequate time for physical activity	✓			
Prohibit using physical activity as punishment	✓			

<b>Section 4</b> <b><u>Nutrition Guidelines for Foods Sold During the School Day</u></b>	Fully in Place	Partially in Place	Under Development	Not in Place
All foods offered or sold during the school day meet strong nutritional standards	✓			
All beverages offered or sold during the school day meet strong nutritional standards	✓			
Fundraising efforts during school hours meet strong nutritional standards				
Prohibit using food as punishment	✓			

LaTonia Harris Name	 Signature	12/14/16 Date
------------------------	--	------------------